



JAPAN KARATE SHOTO FEDERATION

The 5th JKS Karate-do International Cup 2019 & The JKS Karate-do International Para Cup 2019



OFFICIAL BULLETIN (**FINAL**)

August 23rd – 24th – 25th 2019 Fingal, Dublin

**Friday – Seminar & Qualifications
Saturday – Veteran – Childrens – Team & Para events
Sunday – Cadet to Senior Individual events – After Party**



INVITATION

We are very pleased to announce that The 5th JKS Karate-do International Cup 2019 and The JKS Karate-do International Para Cup 2019 will be held on Friday 23rd , Saturday 24th & Sunday 25th August 2019 in Dublin, Ireland.

We cordially invite you to participate in this event.

We look forward to welcoming you all to Ireland.

Date and Time:

Friday 23th August 2019:

**VENUE – Applewood Community Centre
Applewood, Swords, Co. Dublin. K67 P7V2**

Registration: (incl Dan Grade Exams & Officials Exams):
From 9.00 am at Seminar Venue, Entrance Hall

Seminar: By Kagawa Shihan, Kanayama Sensei & Yamaguchi Sensei
Time: 10:30am - 13.00pm **Cost: €25 per person**

Dan Grade & Officials Exams:
Time: 1:30pm **Cost:** Please email: info.jks2019@gmail.com for exam costs

International Referees, Officials & Coaches Meeting:
Time: 16:00pm -17:00pm

International Meeting/Congress:
Time: 17:00pm – 18:00pm

*****International Branch Leaders Reception (Official Dress)**
Time: 19:00pm

*****VENUE – Carnegie Court Hotel, North Street, Swords, Co Dublin. K67 W4A9**

Saturday 24th August 2019:

VENUE – National Indoor Arena, Blanchardstown, Fingal. D15 EPN4

Registration: From 8.30am - 9.00am at Entrance Hall, National Indoor Arena

Competition Start: 8:30 am
All Childrens (under 14) events – Veteran – Para & Team events

12:00pm OPENING CEREMONY

Sunday 25th August 2019:

VENUE – National Indoor Arena, Blanchardstown, Fingal. D15 EPN4

Competition Start: 8:30 am
All Individual Events - Cadet to Senior

AFTER CHAMPIONSHIP PARTY

VENUE – Hogs & Heifers, Airside Retail Park, Swords, Co. Dublin. K67 X0K8

Sunday 25th August 2019 @ 20:00pm

Cost: €25 per person (Tickets must be bought in advance)

Entries for Competitors:

Please use Sportdata to enter competitors, referees & coaches

https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vernrr=4683#a_eventhead

Any problems email: info.jks2019@gmail.com

Closing date for Entries

1st August 2019

Entry Fees:

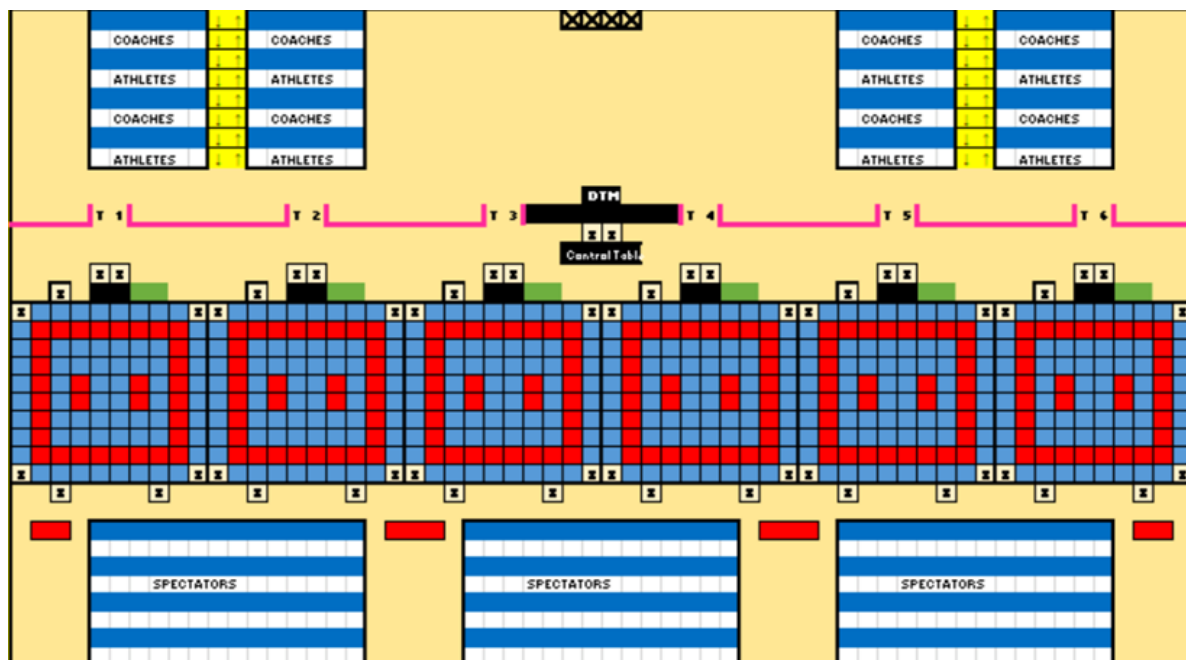
Individual: €30 per event

Team: €40 per event

All Competition Entry fees should be remitted through Sportsdata (bank transfer or paypal) - If this is not possible please email: info.jks2019@gmail.com

PAYMENT FOR	PLEASE PAY IN ADVANCE	Payments to be remitted to:
Seminar	Email info.jks2019@gmail.com with Country, no of attendees & amount paid	<p>Bank Transfer IBAN: IE83BOFI90070338707052 OR PayPal secretaryjksireland@gmail.com</p>
After-Party	Email info.jks2019@gmail.com with Country, no of tickets required & amount paid	
Officials Exams	Email info.jks2019@gmail.com with Country, Name, Exam being attempted & amount paid	
Dan Grading Exams	Email info.jks2019@gmail.com with Country, Name, Grade being attempted & amount paid	

NATIONAL INDOOR ARENA FLOOR PLAN



The 5th JKS Karate-do International Cup 2019

Events:

KATA

Individual Kata for Children and Cadets: Boys & Girls Separate

Category	Preliminaries	Quarter-finals	To Semi-finals	To Finals
	Rd 1	Rd 2	Last 4	Last 2
Children 8~9 years old	Heian 2~Tekki 1		Junro 1	Free Kata
Children 10~11 years old	Heian 2~Tekki 1		Junro 1	Free Kata
Children 12~13 years old	Heian 2~Tekki 1		Junro 1	Free Kata
Cadet 14~15 years old	Heian 2~Tekki 1		Junro 1~2	Free Kata
Junior 16~17 years old	Heian 2~Tekki 1		Junro 1~2~3	Free Kata

List of Free Kata: Tekki Nidan, Tekki Sandan, Bassai Dai, Bassai Sho, Kanku Dai, Kanku Sho, Enpi, Jion, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Sochin, Nijushiho, Gojushiho Dai, Gojushiho Sho.

Individual Kata for Juniors, Seniors and Veterans: Male & Female Separate

Category	Preliminaries	Quarter-finals	To Semi-finals	To Finals
	Rd 1	Rd 2	Last 4	Last 2
Junior 18~21 Years old	Free Kata	Free Kata	Free Kata	Free Kata
Seniors 22~39 years old	Free Kata	Free Kata	Free Kata	Free Kata
Veterans 40~49 years old	Free Kata	Free Kata	Free Kata	Free Kata
Masters 50 years old & over	Sentei Kata (Bassai Dai, Kanku Dai, Enpi, Jion)			Free Kata

List of Free Kata: Tekki Nidan, Tekki Sandan, Bassai Sho, Kanku Sho, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Sochin, Nijushiho, Gojushiho Dai, Gojushiho Sho.

Competitors must change their kata in each round.

Please Note:

- In the semi-finals, the list of Sentei Kata is: Bassai Dai, Kanku Dai, Enpi, Jion.
- The Sentei Kata is to be chosen and announced by the referee.

Koten Kata: Male & Female Mixed

Category	Preliminaries	Quarter-finals	Semi-finals	Finals
				Last 2
8~12 years old	Kakuyoku Nidan			Free Kata
13~17 years old	Kakuyoku Nidan			Free Kata
18~49 years old	Kakuyoku Nidan			Free Kata
50 years old & over	Kakuyoku Nidan			Free Kata

List of Free Kata: Suishu, Kashu, Roushu, Kakuyoku Shodan, Kakuyoku Sandan, Joko Issei, Joko Nisei, Joko Sansei, Joko Yonse, Joko Gosei, Kakusen, Rantai, Hachimon, Sensho, Kibaken, Meikyo Nidan.

Competitors must change their kata in the Final.

Team Kata: Male & Female Separate

Category	Preliminaries	Quarter-finals	Semi-finals	Finals
				Last 2
8~10 years old	Free Kata			Free Kata
11~13 years old	Free Kata			Free Kata
14~16 years old	Free Kata			Free Kata
17~19 years old	Free Kata			Free Kata
20 years old & over (Senior Team)	Free Kata			Free Kata + Bunkai
Family (mixed)	Free Kata			Free Kata

Team Kata rules:

- 3 persons per team.
- Two teams per country
- Preliminaries and Final rounds will be judged by Points.
- Preliminaries and Final rounds are free Kata.
- Preliminaries rounds Kata cannot be repeated in the finals.
- Male & Female separate – except Family Kata
- **Bunkai is required for Senior teams only**
- Family team (3 direct family members from 2 generations per team). No Bunkai

KUMITE

Individual Kumite: Male & Female Separate

Category	Preliminaries	Semi-finals	Finals
Children 8~9 years old	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Children 10~11 years old	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Children 12~13 years old	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Female -47kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Female -54kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Female +54kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Male -57kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Male -63kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Cadet 14~15 years Male +63kg	1 min 30 sec. JKS (WKF)	1 min 30 sec. JKS (WKF)	2 min. JKS (WKF)
Junior 16~17 years old Female -53kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF
Junior 16~17 years old Female -59kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF
Junior 16~17 years old Female +59kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF
Junior 16~17 years old Male -61kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF

Junior 16~17 years old Male -68kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF
Junior 16~17 years old Male +68kg	1 min 30 sec. JKS/WKF	1 min 30 sec. JKS/WKF	2 min. JKS/WKF
Under 21s 18~20 years old Female -55kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Under 21s 18~20 years old Female -61kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Under 21s 18~20 years old Female +61kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Under 21s 18~20 years old Male -67kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Under 21s 18~20 years old Male -75kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Under 21s 18~20 years old Male +75kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Female -55kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Female -61kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Female +61kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Male -67kgs	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Male -75kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF
Seniors 21~39 years old Male +75kg	2 min. JKS/WKF	2 min. JKS/WKF	3 min. JKS/WKF

Veterans 40~49 years old	2 min. JKS/WKF
Masters 50 years old & over	2 min. JKS/WKF

Kumite Competitor's Protective Gear:

The protective gear is **compulsory** and the responsibility of the competitor. All protective equipment is to be WKF style (Red & Blue)

- Aka will wear red hand pads, red shin & foot guards and red belt.
- Shiro will wear blue hand pads, blue shin & foot guards and blue belt.
- Mouthpiece. (Clear type only)
- Chest protectors for female competitors.
- Chest protectors for all age categories, male & female competitors, up to and including 17 years old.
- Groin Guards for male competitors. (White)

Team Kumite:

Category	Preliminaries	Semi-finals	Finals
8~10 years old	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)
11~13 years old	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)
14~16 years old	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)
17~19 years old	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)
20 years old & over	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)	1 min 30 sec. JKS(WKF)

Team Kumite rules:

- 3 persons per team and 2 substitutes.
- Two teams per age category per country. Where there are two branches in a country, ONE team per branch.
- Male & Female separate.

The JKS Karate-do International Para Cup 2019

Individual Kata (Wheelchair)

Competition rules:

- All-age participants, male and female participate together.
- Points will judge preliminaries and final rounds.
- Preliminaries and final rounds may perform the same Kata.
- Preliminaries and final round are free Kata.
- Preliminaries and final rounds Kata are to be chosen from the following:

Kata list: Shorin, Nirin, Sanrin, Yonrin, Gorin Kata.

Disability Individual Kata (Available to Disabled Individuals only)

Rules:

- All-age participants, male and female participate together.

Kata list: Any Shotokan Kata

Individual Kumite (Wheelchair)

Competition rules:

- Male and female participants are separate.
- 1 minute 30 seconds – Ippon Shobu
- Aka will wear red hand pads.
- Shiro will wear blue hand pads.
- Mouthpiece. (Clear type only)
- Chest protectors for female competitors.
- An ordinary wheelchair is to be used with special guard to protect the competitor's feet.

Championship Rules: JKS Rules.

Important Notice Concerning Rules:

All Competitions will be in accordance with WKF rules.

The winner is the first who scores 6 points.

Compulsory: Aka will wear red hand pads, red shin & foot guards and a red belt.

Shiro (Ao) will wear blue hand pads, blue shin & foot guards and a blue belt.

General Notice:

- The competitor's age should be determined as of their age on day of the championships, to be considered eligible to compete in the declared category.
- Any individual 3rd Kyu (Brown Belt) and above, 8 years old and above are allowed to participate in the 5th JKS Karate-do International Cup 2019, to be held on Friday 23rd, Saturday 24th & Sunday 25th August 2019. The participation fee is €30 for individual event and €40 for team event.
- Please use Sportdata to enter competitors, referees & coaches:
- https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=4683#a_eventhead
- Team managers and coaches will receive an accreditation/security pass. Any team manager or coach without a pass will not be allowed to enter the competition area.

In case of any violations of the Rules, protest from team manager is allowed.

In case of any dispute of the referee's decisions, no protest is allowed.

Insurance:

All competitors and countries are responsible for their own insurance coverage.

Spectators:

Spectators Fee: €10 per day

General Information:



Ireland is an island in the North Atlantic Sea. It is separated from Great Britain to its east by the North Channel, the Irish Sea and St George's Channel. Ireland is the third largest island in Europe and the twentieth largest in the world.

Ireland has a mild climate with few extremes. In autumn, (August to October) highest temperatures hit between 57°F and 64°F (14°C and 18°C). The island's lush vegetation, a

product of its mild climate and frequent rainfall, earns it the label **The Emerald Isle**. You can find more information at: <http://www.ireland.com/en-gb/>

Visas:

All competitors and countries are responsible for their own visa applications/requirements. A letter of support/Invitation can be given from the organizers if required. If you need a Visa, you should submit your application **at least 12 weeks** before your planned travel date to allow enough time for the decision/issue of Visa.

You can check your Visa requirements for travelling to Ireland at this link: <http://www.inis.gov.ie>

Language:

English is the pre-dominant language spoken on a daily basis in Ireland.

Currency:

The Euro (€) is the currency used in Ireland.

Power Supply:

The **voltage** in Ireland is the same as the rest of Europe (220 volts). You may need a travel adaptor/s for charging phones etc.

Dublin is the capital and largest city of Ireland. Dublin is in the province of Leinster on the east coast of Ireland, at the mouth of the River Liffey and bordered on the South by the Wicklow Mountains. The city has an urban area population of 1,173,179. You can find more information at:

<https://www.visitdublin.com>





Fingal, Dublin: On the doorstep to Dublin City and home to Dublin Airport, Fingal Dublin offers the best of Ireland; old world charm, scenery, and a rich heritage. Fingal is an historic region, located only minutes from the heart of Dublin City. You can find more information at: <http://www.fingaldublin.ie>

How to get here:



Dublin Airport is an international airport serving Dublin. It is located in Fingal Dublin. It is the 15th busiest airport in Europe.

It is headquarters to Ireland's flag carrier – **Aer Lingus**, as well as **Stobart Air**, **Ryanair**, **ASL Airlines Ireland**, **CityJet** and **Norwegian Air International**. Over 60 airlines fly in and out of the airport, including: **Air France**, **Lufthansa** and **British Airways**.

You can find more information at: <https://www.dublinairport.com>

The Venue: Sport Ireland National Indoor Arena



The Sport Ireland National Indoor Arena opened in 2017 and is a fully accessible, multi-sport and multi-purpose arena and is the newest of its kind in Europe. It is built to the highest world class standards and specifications and is used by Irish sporting bodies, high performance athletes and members of the public. It is located within the Sport Ireland National Sports Campus, in **Fingal Dublin**.

You can find more information at: <https://www.nationalsportscampus.ie/niafacilities>



Accommodation:

 <p>CARLTON HOTEL DUBLIN AIRPORT ****</p>	<p>The Carlton Dublin Airport Hotel is a modern 4 star hotel, conveniently located next to the Airport and just five minutes from the M1 and M50 Motorways. One of the newest Dublin Airport Hotels, the Carlton offers residents a <u>complimentary 24 hour airport shuttle service</u> to and from Dublin Airport.</p>	<p>https://www.carltondublinairport.com</p>
 <p>maldron HOTEL DUBLIN AIRPORT</p>	<p>Maldron Hotel Dublin Airport boasts an airport-perfect location, overlooking Terminal 2 and easily accessed via a <u>complimentary 24 hour airport shuttle service</u></p>	<p>https://www.maldronhoteldublinairport.com</p>
 <p>CLAYTON HOTEL DUBLIN AIRPORT</p>	<p>Strategically located at the M1/M50 interchange Clayton Hotel Dublin Airport is easily accessible from all parts of the country. Located just minutes from Dublin Airport the hotel offers a <u>24hr complimentary shuttle service</u> to and from the Airport's main terminal.</p>	<p>https://www.claytonhoteldublinairport.com</p>
 <p>Premier Inn</p>	<p>Dublin Airport hotel Just ten minutes drive from the airport and right on the doorstep of Airside Business Park. A shuttle service to and from the airport is available for €2 per person each way (under 16s free).</p>	<p>https://www.premierinn.com/gb/en/hotels/republic-of-ireland/dublin/swords/dublin-airport.html</p>
 <p>Travelodge</p>	<p>Dublin Airport North 'Swords' hotel is just a mile from the check-in desks - perfect for stopovers or early departures. A shuttle service to and from the airport is available for €2 per person each way (under 16s free). It is the same shuttle service as Premier Inn Hotel.</p>	<p>https://www.travelodge.ie/hotels/227/Dublin-Airport-North-Swords-hotel</p>